Adult Case Management Program

What can a case manager do for me?

Case managers at The Arc of the Capital Area help people with intellectual and developmental disabilities work toward greater independence and self-sufficiency. By using your strengths and person-centered planning, you and your case manager will set goals and then create a plan to help you achieve them. Your case manager will help you coordinate a range of community services and supports aimed at helping you succeed.

Services We Provide:

◊ Health and wellness planning
◊ Social and recreational activities
◊ Help with budgeting your money
◊ Help finding a job or volunteer opportunities
◊ Referral and advocacy to other agencies who can help

To join our program you must:

◊ Be 18 or older and out of high school
◊ Live in Travis County
◊ Have a diagnosed intellectual or developmental disability (IDD)
◊ Be willing to meet with your case manager at least once per month
◊ Actively work toward your personal goals

For more information, please call The Arc of the Capital Area at 512-476-7044 or email info@arcofthecapitalarea.org