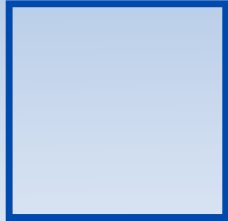






WELLNESS TRACKER



- Happy 
- Sick 
- Mad 
- Lazy 
- Sad 
- Stress 
- Tired 
- No Feeling 

MOOD TRACKER



DRAW YOUR MASTERPIECE



5 6 7 8 9 10



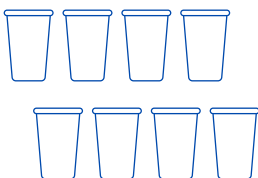
SLEEP TRACKER



Low Medium High



ENERGY TRACKER



WATER INTAKE

BREAKFAST

LUNCH

DINNER

SNACK



3k 4k 5k 6k 7k 8k

DAILY STEPS