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WWW.ARCAUSTIN.ORG
OTHER USEFUL GUIDES FOR I/DD SERVICES

- Autism Society of Texas
  Website: https://www.texasautismsociety.org
  300 E. Highland Mall Blvd, Suite 205, Austin, TX 78752
  Phone number: (512) 479-4199 Ext 1
  Has an abundance of resources for any person with a disability. Check out their resource guide here: https://www.texasautismsociety.org/resourceguide-e-b/

- Navigate Texas
  Website: https://www.navigatelifetexas.org/en
  Email: https://www.navigatelifetexas.org/en/contact
  Phone: 2-1-1
  Navigate Texas is a resource supported by HHS for people and families with disabilities.

- Texas Project FIRST
  Website: http://www.texasprojectfirst.org/
  Email: inquire@spedtex.org
  Phone number: 1-855-773-3839
  Texas Project FIRST has an abundance of resources for families of students with intellectual and developmental disabilities. You can search by age groups to find relevant information.

TRAININGS

- Texas Parent to Parent
  Website: https://www.txp2p.org/
  Email: info@txp2p.org
  1805 Rutherford Ln, #201, Austin, TX 78754
  Phone number: (512) 458-8600
  Texas Parent to Parent provides parent-to-parent support, resource referral, and education. They have useful training and conferences about a wide variety of topics. Here is their training information: https://www.txp2p.org/Training/trainings

TRANSPORTATION

- MetroAccess
  Website: https://www.capmetro.org/metroaccess
  Email: metroaccess@capmetro.org
  Phone number: (512) 852-7272
  MetroAccess is a shared-ride service for people with disabilities living within a two-mile radius of a CapMetro stop.

- CARTS Capital Area Rural Transport System
  Website: https://www.ridecarts.com/
  Email: info@ridecarts.com
  5300 Tucker Hill Ln, Cedar Creek, TX 78612
  Phone number: (512) 478-7433
  CARTS is a regional transportation system for rural areas of Bastrop, Blanco, Burnet, Caldwell, Fayette, Hays, Lee, Travis and Williamson counties.
• Cap Metro
Website: https://www.capmetro.org/
Email: customer.service@capmetro.org
Phone number: (512) 474-1200
Cap Metro is Austin’s local public transportation system.

• Yellow Bike Project
Website: https://austinyellowbike.org/
Email: austinyellowbike@gmail.com
Yellow Bike Project
1216 Webberville Rd,
Phone number: (512) 524-5299
Yellow Bike Project is a local volunteer run non-profit who can help provide people with used bikes. They also provide educational services for bike maintenance and repair.

• Transit Empowerment Fund Partners
Website: https://www.transitempowermentfund.org/projects/transit-pass-program/
Email: andrea@woollardnichols.com
The Transit Empowerment Fund provides local non-profits with transit passes to distribute to the community. If you go to their website and the project ‘Transit Pass Program’, you will discover a list of places you can receive free transit passes from.

• Foundation Communities
Website: https://foundcom.org/
3000 S IH 35, Ste 300,
Austin, TX 78704
Phone number: (512) 447-2026
Foundation Communities is a local nonprofit that offers affordable apartments and duplexes with on-site support services in the areas of education, financial stability and health.

• ECHO Coordinated Entry
Website: https://www.austinecho.org/
ECHO Ending Community Homelessness Coalition is a nonprofit organization that implements community-wide strategies to end homelessness in Austin and Travis County. By completing a ‘Coordinated Assessment’ with them you can see if you are eligible for services. Go to their website to find assessment providers.

• The Housing Authority of the City of Austin
Website: https://www.hacanet.org/
1124 S. IH 35
Austin, TX 78704
Phone number: (512) 477-4488
HACA is the local public agency responsible for ensuring affordable housing to families of low income.
**Caritas**  
Website: [https://caritasofaustin.org/](https://caritasofaustin.org/)  
611 Neches Street,  
Austin, TX 78701  
Phone number: (512) 479-4610  
Caritas is a local nonprofit which helps provide stable housing, food services, education and employment opportunities.

**Saint Georges Court (65+)**  
Website: [https://www.stgeorgescourt.org/](https://www.stgeorgescourt.org/)  
1143 Coronado Hills Drive,  
Austin, TX 78752  
Phone number: (512) 459-8285  
Saint Georges Court is an apartment community for the elderly and disabled.

**Housing Authority of Travis County**  
Website: [https://www.hatctx.com/](https://www.hatctx.com/)  
502 East Highland Mall Blvd, Suite 106-B  
Austin, TX 78752  
Phone number: (512) 854-8245  
HATC provides housing for low income families in Travis County.

**Green Doors**  
Website: [https://www.greendoors.org](https://www.greendoors.org)  
Email: info@greendoors.org  
1503 S. I-35,  
Austin TX 78741  
Phone number: (512) 469-0724  
Green Doors is a nonprofit that provides housing for people in Central Texas.

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**FINANCIAL**

**The Arc of Texas Master Pooled Trust**  
Website: [https://masterpooledtrust.org/](https://masterpooledtrust.org/)  
Email: trust@thearcoftexas.org  
8001 Centre Park Drive, Suite 100  
Austin, TX 78754  
The Arc of Texas Master Pooled Trust is a special needs trust is a pooled special needs trust with the goal to provide financial security to people with disabilities and safeguard their public benefits.

**Texas ABLE**  
Website: [https://www.texasable.org/](https://www.texasable.org/)  
Email: customerservice@texasable.org  
Phone number: 1-844-489-2253  
Texas ABLE program was established to assist individuals with their families in saving funds to pay for many disability-related expenses.

**Supplemental Security Income (SSI)**  
Website: [https://www.ssa.gov/ssi/](https://www.ssa.gov/ssi/)  
Email: [https://secure.ssa.gov/emailus/](https://secure.ssa.gov/emailus/)  
1209 Camino La Costa  
Austin, TX 78752  
National number: 1-800-772-1213  
Austin numbers: 866-627-6991 or 855-221-3523  
SSI is a Federal income supplement program funded by general tax revenues.

**Family Eldercare**  
Website: [www.familyeldercare.org](http://www.familyeldercare.org)  
Email: MoneyManagement@familyeldercare.org  
Phone number: 512.450.0844  
Family Eldercare provides multiple services including a Money Management/ Representative Payee program. They assist seniors and adults with disabilities to manage their finances.
- **TANF Benefits**
  Website: https://www.hhs.texas.gov/services/financial/cash/tanf-cash-help
  Application: https://www.yourtexasbenefits.com/Learn/Home
  Phone: 2-1-1
  TANF provides cash payments to help families pay for food, clothing, housing and other essentials.

**WAIVER PROGRAMS**

- **HCS & TxHmL**
  Website: https://www.hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/home-community-based-services-hcs
  or https://www.hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/texas-home-living-txhml
  Contact for being added to waitlists: Carla Atkins (512) 483-5800
  HCS & TxHmL is a waiver program for people living with disabilities.

- **MDCP (under 18)**
  Website: https://www.hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/medically-dependent-children-program-mdcp
  Email: MdcpPolicy@hhsc.state.tx.us
  Phone number: 877-438-5658
  The program provides services to support families caring for children and young adults age 20 and younger who are medically dependent and to encourage de-institutionalization of children and young adults who reside in nursing facilities.

- **CLASS, DBMD**
  Website: https://www.hhs.texas.gov/doing-business-hhs/provider-portals/long-term-care-providers/community-living-assistance-support-services-class
  Phone number: 1 877 438 5658 (for getting added to waitlists)
  Community Living Support Services provides home- and community-based services to people with an intellectual disability or a related condition.

- **STAR+PLUS (21+ w/ a disability or 65+)**
  Website: https://www.hhs.texas.gov/services/health/medicaid-chip/medicaid-chip-members/starplus
  Email: Managed_Care_Initiatives@hhsc.state.tx.us.
  Phone number: 2-1-1
  STAR+PLUS is a Texas Medicaid managed care program for people who have disabilities or are age 65 or older. People in STAR+PLUS get Medicaid health-care and long-term services and support through a medical plan that they choose.

- **Medicaid**
  Website: yourtexasbenefits.com
  Phone number: 2-1-1
  Medicaid provides health coverage to millions of Americans, including eligible low-income adults, children, pregnant women, elderly adults and people with disabilities. Medicaid is administered by states, according to federal requirements. The program is funded jointly by states and the federal government.
FITNESS

- YMCA
  Website: https://www.ymcatriangle.org/membership/financial-assistance-membership
  Email: https://www.ymcatriangle.org/contact-us
  Phone number: 919-719-9989
  YMCA accepts Medicaid for gym memberships to support health and exercise.

- Easterseals LIFE Center
  Website: https://www.easterseals.com/centraltx/our-programs/medical-rehabilitation/
  Email: jhammen@eastersealstx.org
  Phone number: 512-615-6814
  Easterseals of Texas has a medical rehabilitation program that assists people with disabilities have access to fitness and health resources.

GENERAL HEALTH

- Medicaid
  Website: https://www.hhs.texas.gov/services/health/medicaid-chip or https://www.211texas.org/
  Phone: 2-1-1 or 877-541-7905
  Medicaid provides health coverage for low-income children, families, seniors and people with disabilities.

- People’s Community Clinic
  Website: https://www.austinpcc.org/
  Email: https://www.austinpcc.org/contact-us/
  Phone number: 512-478-4939
  The People’s Community Clinic offers medical care to Central Texas’ uninsured and medically underserved.

- ARC Austin Regional Clinic
  Website: https://www.austinregionalclinic.com/
  Email: https://www.austinregionalclinic.com/contact-us
  Phone number: 512-272-4636
  Austin Regional Clinic’ provides accessible health care to individuals and families in Central Texas, with sensitivity to the cost of that care.

- Hill Country Pediatric
  Website: https://www.hillcountrypediatrics.com/
  Phone number: 512-241-1370
  Hill Country Pediatric serves children who have disabilities.

- CommUnityCare
  Website: https://communitycaretx.org/
  Phone number: 512-978-9015
  CommUnityCare is a community health provider. **They also offer free Hepatitis tests.

DENTAL

- Goehrings Dental
  Website: https://goehringdental.com/
  Phone number: 512 892 8822
  4407 Menchaca Rd, Austin, TX 78745
  Goehrings dental is a dentist which accepts HCS.
• Sacred Heart Clinic  
Website: https://sacredheartclinic.org/  
Phone number: 512 716 3929  
Address: 620 Round Rock W Drive, Round Rock 78681  
Free clinic for those that are uninsured or do not qualify for Medicaid/Medicare.

• CommUnityCare Dental Clinics  
Website: www.communitycaretexas.org  
Phone number: 512-978-9015  
CommUnityCare Dental Clinic accepts MAP and Medicaid.

• Communicare Health Centers  
Website: www.comunicareesa.org/services-dental.php  
Phone number: 512 268 8900  
Address: 2810 Dacy Lane, Kyle, 78640  
Communicare accepts Medicaid and Chip.

• Thiel Pediatric Dentistry  
Website: https://www.thielpediatricdentistry.com/  
Email: info@thielpediatricdentistry.com  
Phone number: 512 892 0013  
Thiel Pediatric Dentistry provides services without sedation.

• Lone Star Circle of Care: Georgetown Community Center Dental Clinic  
Website: http://lonestarcares.org/service/dentistry/  
Phone number: 512 864 1445  
Address: 2411 Williams Drive, Suite 6, Georgetown, 78628  
Lone Star Circle accepts Medicaid and CHIP.

• Manos de Cristo  
Website: http://manosdecristo.org/need-our-help/dental-clinic/  
Phone number: 512 477 2319  
Address: 4911 Harmon Avenue  
Manos de Cristo serves under and uninsured folks in need of dental services.

• Samaritan Health Ministries  
Website: https://www.theshm.org/  
Phone number: 512 331 5828  
Address: 904 Crystal Falls Parkway, Leander 78641  
Free clinic for those that are uninsured or do not qualify for Medicaid/Medicare.

• St David’s Foundation  
Website: https://stdavidsfoundation.org/  
Phone number: 512 879 6240  
Mobile can program for Title 1 schools, focuses on school children, selected patients from community health centers and Austin musicians.

• UT Health Houston Dental School  
Website: https://dentistry.uth.edu/patients/  
Phone number: 713 486 4000  
Address: 7500 Cambridge St, Houston, TX, 77054.  
Reduced dental fees in a teaching environment.
- Texas A&M University College of Dentistry
  Website: https://dentistry.tamu.edu/patients/index.html
  Phone number: 214 828 8441
  Address: 3302 Gaston Ave, Dallas, TX 75246
  Reduced dental fees in a teaching environment.

- UT Health San Antonio Dental School
  Website: https://www.uthscsa.edu/patient-care/dental
  Phone number: 210 450 3700
  Address: 8210 Floyd Curl, San Antonio, Texas, 78229.
  Reduced dental fees in a teaching environment.

- 360 Balance & Dizziness
  Website: https://www.360balance.com/about.html
  Email: info@360balance.com
  Phone number: 512 345 4664
  Address: 4601 Spicewood Springs Road, Bldg II, Ste. 100, Austin 78759
  360 Balance helps with those suffering from dizziness and balance disorders as well as help supply wheelchairs.

- Michael H. Golf
  Website: https://www.michaelgolfdpm.com/
  Phone number: 512 448 3668
  Address: 1221 W Ben White Blvd, Suite 212B, Austin, 78704.
  Dr. Michael Goff’s Podiatrist Clinic accepts medicaid.

- Spectrum Services
  Website: https://www.spectrumsocial.net/
  Email: https://www.spectrumsocial.net/contact-us/
  Phone number: 512 524 5482
  Spectrum services provides mental health support, coaching and therapy for individuals on the autism spectrum.

- CAC Capital Area Counseling
  Website: https://cacaustin.org/
  Email: info@cacaustin.org
  Phone number: 512 302 1000
  CAC offers income based counseling services, for individuals and families.

- YWCA
  Website: https://ywcaaustin.org/counseling-and-referral-center/
  Email: infor@ywcaaustin.org
  Phone number: 512 326 1222
  YWCA offers counseling and referral services.

- Lifeline
  Website: https://suicidepreventionlifeline.org/
  Phone number: 1 800 273 8255
  National Suicide Prevention Lifeline is a 24/7 phone number you can call if you are in a mental health crisis. There are also more resources on their website.
• Warmline
Website: https://ywcaaustin.org/warmline/
Phone number: 512 548 9922
Warmline is a service offered by YWCA, it is a non-crisis support line. If you feel like you need someone to talk to, give them a call.

• Integral Care
Website: https://integralcare.org/en/home/
Email: https://integralcare.org/en/contact/
Phone number: 512 472 4357
Integral care is the Local I/DD Authority, they offer mental health and crisis support.

FOOD

• Central Texas Food Bank
Website:
https://www.centraltexasfoodbank.org/
Phone number: 512 282 2111
The central Texas Food Bank helps keep people fed in central Texas.

• Meals on Wheels
Website:
https://www.mealsonwheelscentraltx.org/
Phone number: 512 476 6325
Meals on Wheels provide meals to older adults and people with disabilities.

SNAP
Website:
https://www.hhs.texas.gov/services/food/snap-food-benefits
Application:
https://www.yourtexasbenefits.com/Learn/Home
Phone number: 2-1-1
SNAP helps people purchase food, SNAP cards are worth double their amount at many local Farmers Markets:
https://sustainablefoodcenter.org/programs/double-up-food-bucks/find-a-participating-double-up-market-near-you

EMPLOYMENT SERVICES

• TWC Vocational Rehabilitation Services
Website:
https://www.twc.texas.gov/jobseekers/vocational-rehabilitation-services
Phone number: 512 936 6400
The Texas Workforce Commission Vocational Rehabilitation Services helps people with disabilities find training and work.

• Easter Seals of Central Texas
Website:
https://www.easterseals.com/centraltx/
Phone number: 512 615 6800
Easter Seals of Central Texas offer job training and employment services to people who have disabilities.
EMPLOYMENT SERVICES

- The Arc of the Capital Area
  Website: www.arcaustin.org
  Email: info@arcaustin.org
  Phone number: 512 476.7044
  The Arc of the Capital Area offers job training and employment services to people who have disabilities. Specialized Neurodiversity programs.

- SayCheese
  Website: https://saycheesespecial.org/
  Email: saycheesedirector@gmail.com
  Phone number: 512 508 2375
  Say Cheese is a social enterprise for people with disabilities, members of the program learn and socialize in a workplace setting.

SOCIAL

- Tilt Performance Group
  Website: https://www.tiltperformance.org/
  Email: info@tiltperformance.org
  Tilt Performance is an inclusive theater group which has regular classes and performances.

- The Austin Adventurers Academy
  Website: http://www.austinadventurers.org/
  Email: adventurers@austinadventurers.org
  Phone number: 512 784 2479
  The Austin Adventurers Academy provides recreational, vocational, educational and social activities for people with I/DD.

- Austin Family Camp Guide
  Website: https://austinfamily.com/aisd-special-needs-recreation-camp-guide/
  This is an extensive guide for recreational camps and programs in central Texas.

- Hideout Theatre
  Website: https://www.hideouttheatre.com/
  Phone number: 512 443 3688
  Hideout Theatre offers classes and programs for youth with disabilities.

- Meetup
  Website: https://www.meetup.com/
  Meetup is a website and app where people can create various social groups. There are quite a few disability related ones in Austin like this one: https://www.meetup.com/Austin-Adults-With-Disabilities-Social-Group/

- Austin Clubhouse
  Website: https://austinclubhouse.org/
  Email: info@austinclubhouse.org
  Phone number: 512 925 5877
  Austin Clubhouse offers services and activities for people with mental health diagnosis.

- Special Olympics
  Website: https://www.sotx.org/
  Email: info@sotx.org
  Phone number: 512 835 9873
  This program offers training in different sports and annual competitions around the state.

- One World Karate
  Website: https://1worldkarate.com/
  Email: 1worldkarate@gmail.com
  Phone number: 512 791 9327
  One World Karate offers adaptive martial arts classes.
SOCIAL

- Candlelight Ranch
  Website: https://candlelightranch.org/
  Email: info@candlelightranch.com
  Phone number: 512 323 5300
  Candlelight Ranch offers nature based activities and camps for people and families with disabilities.

Meetup
  Website: https://www.meetup.com/
  Meetup is a website and app where people can create various social groups. There are quite a few disability related ones in Austin like this one: https://www.meetup.com/Austin-Adults-With-Disabilities-Social-Group/

COMMUNITY CENTERS

- St. John Community Center
  Website: https://www.austintexas.gov/department/st-john-community-center
  Phone number: 512 972 5172
  Address: 7500 Blessing Avenue, Austin, 78752
  Provides food assistance, health services, bus passes, rent and utility help.

- Blackland Neighborhood Center
  Website: https://www.austintexas.gov/department/blackland-neighborhood-center
  Phone number: 512 927 5172
  Address: 2005 Salina, Austin, 78722
  Provides food assistance, health services, bus passes, rent and utility help, child safety seats.

- Montopolis Neighborhood Center
  Website: https://www.austintexas.gov/department/montopolis-neighborhood-center
  Phone number: 512 972 6705
  Address: 1416 Montopolis Drive, Austin, 78741
  Provides food assistance, bus passes, rent and utility help.

- East Austin Neighborhood Center
  Website: https://www.austintexas.gov/department/east-austin-neighborhood-center
  Phone number: 512 972 6650
  Address: 211 Comal Street, Austin, 78702
  Provides food assistance, health services, bus passes, rent and utility help.

- Clarksville Community Health Center
  Website: https://www.austintexas.gov/department/clarksville-community-health-center
  Phone number: 512 972 6210
  Address: 1000 Toyath Street, Austin, 78703
  Provides social services and has a refugee clinic.

- Rosewood-Zaragosa Neighborhood Center
  Website: https://www.austintexas.gov/department/rosewood-zaragosa-neighborhood-center
  Phone number: 512 972 6740
  Address: 2800 Webberville Road, Austin, 78702
  Provides food assistance, health services, bus passes, rent and utility help.
• South Austin Neighborhood Center  
  Website: https://www.austintexas.gov/department/south-austin-neighborhood-center  
  Phone number: 512 972 6840  
  Address: 2508 Durwood, Austin, 78704  
  Provides food assistance, health services, bus passes, rent and utility help.

**GUARDIANSHIP AND ALTERNATIVES**

• Supported Decision Making Agreement  
  Website: http://tcdd.texas.gov/resources/guardianship-alternatives/supported-decision-making/  
  Email: tcdd@tcdd.texas.gov  
  Phone number: 512 437 5432  
  Texas Council for Developmental Disabilities has information and an application form for the Supported Decision Making Agreement.

• Statutory Durable Power of Attorney  
  Website: https://www.hhs.texas.gov/laws-regulations/forms/advance-directives/sdpoa-statutory-durable-power-attorney  
  Phone number: 2-1-1  
  Texas Human and Health services provides a Statutory Durable Power of Attorney agreement, this allows an agent to be selected and granted decision making powers over your property.

• Guardianship  
  Website: https://www.arcaustin.org/programs-services/family-juvenile-transition-services/  
  Phone number: 512 476 7044  
  Email: calford@arcaustin.org  
  The Arc of the Capital Area offers a Guardianship program to residents of Travis county, who meet income requirements.

**CRISIS SUPPORT**

• Catholic Charities of Central Texas  
  Website: https://www.ccctx.org/  
  Email: https://www.ccctx.org/contact-ccctx/  
  Phone number: 979 822 9340  
  Catholic Charities of Central Texas provides disaster relief, emergency financial assistance and counseling services.

• City of Austin Utility Bill Relief  
  Website: https://austinenergy.com/ae/about/news/ubr-updates  
  Phone number: 512 494 9400  
  City of Austin Utility Bill Relief may be able to help provide you assistance with bills.

• St. Matthew’s Episcopal Church  
  Website: https://stmattsauustin.org/Contact/good-faith-fund.html  
  Email: https://stmattsauustin.org/Contact/email-us.html  
  Phone number: 512 345 8314  
  St Matthew’s offers a ‘Good Faith’ relief fund for help with rent or utilities or other expenses.

• St. Austin’s Catholic Church  
  Website: https://staustin.org/get-help  
  Email: gethelp@staustin.org  
  Phone number: 512 477 1589  
  St. Austin’s Catholic Church offers emergency assistance with rent and utilities.
• Austin Resource Center for the Homeless (ARCH)
  Website: https://frontsteps.org/
  Phone number: 512 305 4100
  Address: 500 E 7th Street, Austin, 78701.
  ARCH provides emergency housing for people experiencing homelessness.

• Travis County Family Support Services
  Website: https://www.traviscountytx.gov/health-human-services/divisions/family-support-services
  Phone number: 512 854 1528
  Travis County Family Support Services can provide rent, utilities and other social services for Travis county residents.

• Texas Health and Human Services Department (HHSD)
  Website: https://www.hhs.texas.gov/
  Phone number: 2-1-1 or 877 541 7905
  HHSD is the state resource for social services.

• Financial Support Plus 1 Program
  Website: https://coautilities.com/wps/wcm/connect/occ/coa/util/support/support
  Phone number: 512 494 9400
  City of Austin Utilities support service.

• RENT Application Portal
  Website: https://austin.covidrenthelp.org/Account/Login?ReturnUrl=%2F
  Phone number: 512 488 1397
  The City of Austin’s Relief for Emergency Needs for Tenants.

• Travis County Crisis Intervention Team
  Website: https://namicentraltx.org/crisis/
  Phone number: 512 854 3450
  Law enforcement officers specifically trained in mental health crisis support. If you call one of these teams POLICE OFFICERS will most likely show up.

• Mobile Crisis Outreach Team
  Website: https://integralcare.org/program/mobile-crisis-outreach-team-mcot/
  Phone number: 512 472 4357
  24/7 mobile mental health professionals from Integral Care.

• Texas Abuse and Neglect Hotline
  Website: https://www.dfps.state.tx.us/
  Phone number: 1 800 252 5400
  Call this number to report abuse, neglect or exploitation of children, elderly or people with disabilities.

ABUSE AND NEGLECT

• The Arc of the Capital Area
  Website: www.arcaustin.org
  Phone number: 512 476.7044
  The Arc of the Capital Area provides Adult case management, CLASS Case management and Juvenile Justice case management.

• Integral Care (Travis County Only)
  Website: https://integralcare.org/en/home/
  Phone number: 512 472 4357
  Integral Care is the Local Intellectual and Developmental Authority. Contact them for diagnosis services, waiver information and DSA referrals.
CASE MANAGEMENT SERVICES

- Bluebonnet Trails (Williamson, Bastrop)
  Website: www.bbtrails.org
  Phone number: 844.309.6385
  Bluebonnet Trails is the Local Intellectual and Developmental Authority for Multiple Counties. Contact them for diagnosis services, waiver information and DSA referrals.

- Hill Country MHDD Centers (Hays)
  Website: www.hillcountry.org
  Phone number: 830.387.5970 (Hays County)
  Hill Country is the Local Intellectual and Developmental Authority for multiple counties. Contact them for diagnosis services, waiver information and DSA referrals.

EDUCATION

- nonPareil Institute
  Website: https://npusa.org/
  Phone Number: (512) 701-8315
  Email: austin@npitx.org
  nonPareil is a non-profit which focuses on digital literacy.

- E4Texas
  Website: https://disabilitystudies.utexas.edu/e4texas
  Phone number: 512 232 0772
  Email: joetate@utexas.edu
  E4Texas is a post-secondary opportunity for people with or without a disability, who are over the age of 18, who have a high school diploma, and are employment-focused.

- ARCIL
  Website: https://arcilinc.org/
  Phone Number: 512-832-6349
  Email: info@arcil.com
  ARCIL provides free independent living classes to adults with disabilities amongst many other things.

- Conversation Club
  Website: https://slhs.utexas.edu/cmtspeechhearing/therapy-groups
  Email: jfranco@austin.utexas.edu
  Phone number: 512 471 2017
  Conversation Club is a 10 week course offered at UT which focuses on social and communication skills for people with I/DD.

- Art & Education Program at The Arc
  Website: https://www.arcaustin.org/education-programs/
  Email: https://www.arcaustin.org/contact/
  Phone number: 512 476 7044
  The Arc of the Capital Area offers a post-secondary education based day habilitation.

- STEPS
  Website: https://continue.austincc.edu/steps
  Email: ceregistration@austincc.edu
  Phone number: 512 223 7542
  STEPS is an inclusive program at Austin Community College.

I/DD SERVICES

- Central Texas Autism Center
  Website: https://ctac1.com/
  Email: https://ctac1.com/contact
  Phone number: 512 328 5599
  CTAC provides resources and multiple therapy programs for people with Autism.

- Down Syndrome Association of Central Texas
  Website: http://www.dsact.org/
  Email: admin@dsact.org
  Phone number: 512 323 78705
  DSACT provides information and support for individuals with down syndrome and their families.
Cerebral Palsy Awareness Transition Hope
Website: https://cpathtexas.org/
Email: victoria@cpathtexas.org
CPATH is a local non-profit organization that focuses on providing resources and support to individuals with cerebral palsy and their families.

Austin Child Guidance Center
Website: https://www.austinchildguidance.org/
Email: https://www.austinchildguidance.org/who-we-are/contact.html
Phone number: 512 451 2242
ACGC provides mental health support to children and families, they can also help with mental health and I/DD diagnosis process.

Stop TX Eviction
Website: https://stoptxeviction.org/
Stop TX Eviction is a new free tool from Texas Legal Services that helps tenants avoid or fight evictions.

LegalLine: Free Legal Advice Hotline
Website: https://austinlrs.com/community-events/
Phone number: 512 472 8303
LegalLine is sponsored by Austin Lawyer Referral Service and is staffed by attorney volunteers who answer legal questions and give brief legal advice.

Texas Legal Services Center
Website: https://www.tlsc.org/
Phone number: 512 477 6000
TLSC provides legal support to underserved communities across Texas.

Texas RioGrande Legal Aid
Website: https://www.trla.org/get-help-austin
Office number: 512 374 2700
Hotline: 888 988 9996
Provides free legal aid for qualified low-income Texas residents.

Travis County Law Library & Self-Help Center
Website: https://lawlibrary.traviscountytx.gov/
Email: referencematerial@traviscountytx.gov
Phone number: 512 854 8677
Address: Ned Granger Building, 314 West 11th St, Suite 140, Austin, 78701
The Law Library provides the community with accessible legal resources.

University of Texas Law School
Website: https://law.utexas.edu/probono/for-the-public/pro-bono-program-clinics/
Phone number: 512 471 5151
UT Law School offers a number of pro-bono legal clinics for the public.

Volunteer Legal Services of Central Texas
Website: http://www.vlsoct.org/get-help/
Phone number: 512 476 5550
VLSOCT offers free legal clinics.

Area Agency on Aging of the Capital Area
Website: https://www.capcog.org/divisions/area-agency-on-aging/
Email: aaainfo@cacpcog.org
Phone number: 512 916 6062
AAACAP serves older adults and people with disabilities can can assist with legal support.
• Disability Rights Texas
  Website: https://www.disabilityrightstx.org/en/home/
  Email: https://www.disabilityrightstx.org/en/contact-us/contact-us-form/
  Phone number: 512 454 4816
Disability Rights Texas provides direct legal assistance to people with disabilities.

• Q Link Wireless
  Website: https://qlinkwireless.com/
  Email: https://qlinkwireless.com/members/Support.aspx?contentonly=true
  Phone number: 1 855 754 6543
Lifeline Wireless service is a federally funded program which provides people with free internet access.

• Expunction Project UT Austin
  Website: https://law.utexas.edu/probono/projects/special-projects/texas-law-expunction-project/
  Application: https://texaslawprobono.cliogrow.com/intake/BAft4pHKqPU55oZFE6Zwiw
  Phone number: 512 471 5151
The Expunction Project can help expunge or seal criminal records.

• Texas Lifeline
  Website: https://www.texaslifeline.org/
  Texas Lifeline can help provide free cell phones to people with low incomes.

• Mint Mobile
  Website: https://www.mintmobile.com/
  Mint Mobile provides cheap and affordable cell phone plans.

• Safe link
  Website: https://www.safelinkwireless.com/
  Phone number: 1 800 723 3546
Safe Link is a federally funded wireless internet and data service provider.

• The Arc of the Capital Area
  Website: https://www.arcaustin.org/education-programs/
  Contact: https://www.arcaustin.org/contact/
  Phone number: 512 476 7044
The Arc of the Capital Area offers post-secondary education and accepts waiver programs.

• ARCIL
  Website: https://arcilinc.org/
  Phone Number: 512-832-6349
  Email: info@arcil.com
ARCIL provides free independent living classes to adults with disabilities amongst many other things.

• Brookwood in Georgetown
  Website: https://brookwoodingeorgetown.org/
  Email: info@bigtx.org
  Phone number: 512 943 8430
Brookwood in Georgetown is a Christian non-profit which provides Christian centered day habilitation.
• BonaTerra
Website: https://www.bonaterraadc.com/
Email: https://www.bonaterraadc.com/contact-us
Phone number: 512 441 2900
BonaTerra offers socialization and recreation day habilitation services.

• Downhome Ranch
Website: https://www.downhomeranch.org/
Email: https://www.downhomeranch.org/who-we-are/location-and-contact-info/
Phone number: 512 856 0128
Downhome Ranch provides vocational training, continuing education and community engagement centered day habilitation.

• The Vaughn House
Website: https://www.easterseals.com/centraltx/our-programs/adult-services/vaughn-house.html
Phone number: 512 444 6081
The Vaughn house provides arts, crafts and games focused day habilitation services.

• Imagine Art
Website: https://www.imagineart.net/
Email: info@imagineart.net
Phone number: 512 448 1840
Imagine Art offers a variety of services for people with disabilities including art based day habilitation.

• Daybreak Activity Center
Website: https://www.maryleefoundation.org/programs-and-services/daybreak-activity-center/
Phone number: 512 442 6077
Email: daybreak@maryleefoundation.org
Mary Lee Foundation offers day habilitation which focuses on a variety of activities.

UNDERSTANDING BENEFITS

• Texas Parent to Parent Benefits Explanation
Website: https://www.txp2p.org/services/services-for-parents-pathway-to-adulthood/services-and-supports
This page breaks down SSI & SSDI, Medicaid & Medicare, and Medicaid Waivers.

• National Council on Aging SSI vs. SSDI
Website: https://www.ncoa.org/article/ssi-vs-ssdi-what-are-these-benefits-how-they-differ
Explains the differences between SSI and SSDI. Also explains both benefits in more detail.
For more Information or help contact info@arcaustinf.org