

Case managers at The Arc of the Capital Area help individuals with intellectual and developmental disabilities and their families to work toward greater independence and self-sufficiency. By using your strengths and person-centered planning, you and your case manager will work together to help you achieve your goals. Your case manager will help you coordinate a range of community services and supports aimed at helping you succeed.



SERVICES WE PROVIDE

- Health and wellness planning
- Social and recreational activities
- Financial Management support
- Support finding job or volunteer opportunities
- Help finding additional supports in the community
- Community Planning
- Referral and advocacy to other agencies who can help

Navigating the Texas I/DD services can be confusing and frustrating. Our case managers are here to support you in your steps to receive services.

In addition to our case managers we offer a community resource guide.

Click here to view the [Resource Guide](#)

SOCIAL EVENTS

The Adult Case Management community meets two times a month for social events. These events can include bowling, bingo, movie nights, coffee club, recreational activities and more.

For more information click [**HERE**](#)
Info@arcaustin.org